

# CERTIFICATE OF PARTICIPATION

This is to certify that

**theuns koch**

Has successfully participated & completed the  
**5km Cowhouse Summer Trail Run 2017**  
held at Cowhouse Market.

**TIME 00:39:31**

**PACE 07:54/km**  
**OVERALL 47 of 123**

**GENDER 22 of 46**  
**40 - 49 6 of 12**

28 January 2017, Sat

Date



*BoutTime*

Signature

